

Annual report.

HEAL Medical Centre

HEAL Medical Centre at a glance following 3 years of operation.

On 26th May this year, HEAL Medical Centre made 3 years of operation since 26th May 2015 the day when the facility was officially operationalized.

HMC according to population census is expected to serve a population of 8389 people.

Steady progress has been observed generally ranging from clientele flow, skilled service providers, human resource development to facilitation of the medical center with equipment.

This document gives performance updates at HEAL Medical Centre from June 2017 to end May 2018.

OUR VISION AND MISSION

Its our vision

to be a community healthcare "provider of choice" in Rubanda and surrounding communities.

And;

Our mission is to provide compassionate equitable and quality healthcare that exceeds our cus-

tomers' expectations.

Core values that guide the staff and all those that are involved with HEAL medical Centre activities are;

Respect, Integrity, accountability, compassionate care and stewardship.



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Accomplishments

269 children and 1768 adult patients received general outpatient medical care at HEAL Medical Centre .
188 patients received inpatient care

656 mothers received antenatal services, 122 mothers had deliveries attended to by skilled midwives of HMC and 185 received postnatal services

1147 babies were immunized against national targeted diseases, 2084 were dewormed and 557 children received Vit A supplementation

34 outreaches were conducted

253 received contraceptive services

43 clients were found severely malnourished and 48 were moderately malnourished.

105 use alcohol and 15 are smokers identified as risk behaviors

Several lives saved through Ultrasound scanning and complete blood count as 100s receive specialized dental services

2037 people received outpatient care as 188 were cared for as inpatients.

In this reporting period 2037 received outpatient care of which 269 were children under 5 years and 1768 aged 5 years and over.

Common ailments that we face are diarrhea and pneumonia for children where as most adults present with High blood pressure, diabetes, Urinary tract infections, Peptic Ulcer disease, and respiratory tract infection.

Being on a high way HEAL Medical Centre provides emergency management to trauma patients following road traffic accidents and domestic violence.



The above caption is one of one of the Tuesdays which is our busy day of the week always as we run immunisation , family planning clinic alongside regular clinic days.

Malnutrition especially under nutrition is another common health condition that clients who attend to our medical Centre present with. It's a mandate by ministry of health that all clients that visit health facilities get screened to rule out malnutrition. HMC's participation in this has increased detection rate of this phenomenon.

Children most especially are victims of this health problem. By the help of UNICEF through Ministry of health we get Ready to use therapeutic food which we supply to children and those we've successfully followed up have registered positive improvement.

Poor nutrition causes nearly half of deaths in children under 5 years (3.1 million children every year) WHO, sustainable development goals).

Human Recourse development.

In spread of May 2017– May 2018 HEAL Medical Centre staff were trained in different areas as follows.

- 2 in Maternal Perinatal death surveillance and response for three days offsite
- 12 in Quality Improvement, it was onsite mentorship
- 1 in use of bottle neck analysis in Reproductive, maternal and child health and nutrition—off site 3 days

training

- 6 in Basic Emergency Obstetrics and Neonatal care



HMC staff with a facilitator in a mentorship session about maternal new-born death review and response.

Success stories

In this reporting period a number of cases have benefited from the services offered but there were more catching Scenarios.

One is of a baby aged 1 year and 2 months who was malnourished and running a fever secondary to a chest infection (Pneumonia).

This baby in care of a 26 years old mother and 30 years father who is a husband of three women including this baby's mother narrowly escaped death surrounded by poverty and Ignorance.

This baby was treated with over counter drugs cocktailled with traditional herbs as recommended by society members. After identification by a staff in a church congregation the baby was managed on IV antibiotics and nutritional supplements which gave positive results in one week.



In a stretch of about 40 Kilometers HEAL Medical Centre offers Ultrasound scan services with no any alternative to the community it serves.

In one fateful night a mother who had started laboring from home came to the facility with poor progress of labour. Upon arrival to the facility, abdominal scan was done which identified tight umbilical cord around babies neck. Decision to refer this mother was confidently and immediately done to the district hospital for emergency c/section which saved the baby's life.

Our CBC machine helps clinicians and midwives identify most blood disorders and systemic infections. Haemoglobin levels among other blood cells analyzed which tells how much red blood cells an individual has.

Another lucky beneficiary to scan services was mother who came to the facility with

abdominal pain. Scan identified ruptured tubal pregnancy, CBC was done and she was rushed to a district hospital for emergency laparotomy in facility ambulance accompanied by midwife.

Time that would have been taken to carry out investigations was reduced and the surgical team operated her immediately saving her from potential complications.

In a facility ambulance it takes 25 minutes to get to a district hospital where as regular cars take approximately 1hour.

Ambulance services and fulltime driver has left HMC outstanding in Emergency referral services.

Specialized dental care was a myth and dental extraction was known as only solution to toothaches until HMC came into existence.

Clients would have their teeth extracted with out anesthesia which they had to accommodate because of limited options.

A visiting dentist at HMC restores people's hope of compassionate and caring dental care.

General facility development

In the reporting period we received furniture from UPMB NESH project

Reporting and data caption materials received from UHMG

Nutrition assessment equipment from UPMB NESH.

About Partnership UHMG closed Social marketing project with effect from 1st July

this year. Looking forward to other partnerships.

Challenges

At HEAL medical Centre we have continued to face a challenge of serving a community that is socially and economically poor.

In a community majorly inhabited by low level educated or non educated at all occupants decision making to seek medical care is limited to main bread winners if any in the family.

This has left minor groups that is women and children battling with ill health.

Most of the cases we get as admission are in worse states and quite often we get them referred to a district hospital. Common cases where survivors have narrowly missed death are incomplete miscarriages where mothers bleed from the community and come to the

facility after severe blood loss. Also difficulty births after trying laboring from home and newborns surviving asphyxia.

Its always challenging when such clients cant afford cost sharing ambulance or medical fees yet we use consumables and the vehicles in addition to fuel consumed goes through tear and wear.

We are grossly affected by unsteady water supply at the facility.

We are supplied by gravity water system which has seemed very unreliable in a sense that we averagely get water once in a week.

This inconveniences both the staff and admitted clients.

Clean, accessible water for all is an essential part of the world we want to live in. Safe and adequate sanitation are indispensable for healthy ecosystem, social wellbeing and sustainable livelihoods.

The working area is limited ; available single structure houses all offices and working area which comprises quality as per Ministry of Health requirement.

Facility land is being taken away by mudslides.

Its seemingly unaffordable to maintained specialized health workers cases in point being dentist and radiographer.

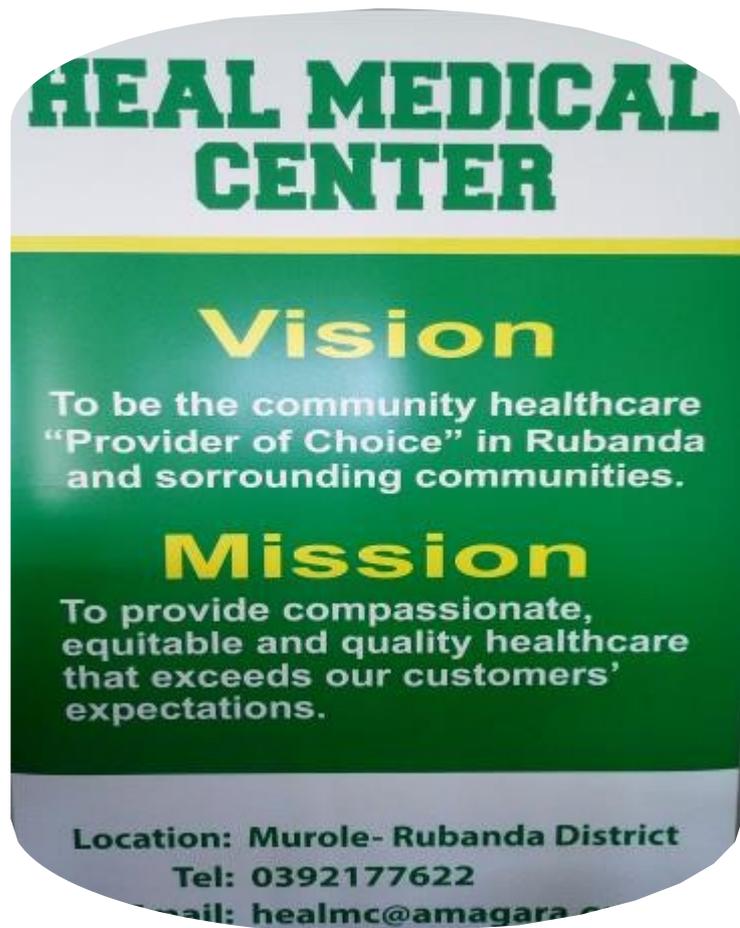
HEAL MEDICAL CENTRE

IS LOCATED IN AFRICA
SOUTH WESTERN UGANDA



Managed by JUNA
AMAGARA
MINISTRIES
UGANDA

FOR HOLISTIC CARE



Recommendations

- ◆ The facility needs an alternative water supply (Harvest water tanks and water pump for the high tank to supply hand wash basins and inside bathrooms)
- ◆ Establishment of poor patient and child access project to support the facility budget.
- ◆ If possible we need another structure to house space compromised departments like accounts, records and administration office.
- ◆ Construction of retaining wall to protect facility land that is giving way .
- ◆ Identifying and empowering staff to acquire specialized skills like dental and stenography .

To sum it, HMC is progressing day by day and networking boundaries are getting extended. We Praise God for this.

Huge thanks to HMC supporters/ funders since its inception. what you started and are still supporting has touched and saved a number of lives as shared earlier.

God Bless then works of your hands..

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